# Health and Movement Science 11–12 (2023): Sample formal assessment task notification Year 11

Sample that aligns with Health and Movement Science (2023) for Year 11.

### Health for individuals and communities – Assessment task

**Task number:** 1

**Weighting:** 30%

**Timing:** Term 1, Week 9

| **Task overview** |
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| **Outcomes assessed*** **HM-11-01** interprets meanings, measures and patterns of health experienced by Australians
* **HM-11-02** analyses methods and resources to improve and advocate for the health of young Australians
* **HM-11-09** Problem-solving: proposes and evaluates solutions to health and movement issues
* **HM-11-10** Research: analyses a range of sources to make conclusions about health and movement concepts
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| **Context**You are completing a unit of work in the focus area Health for Individuals and Communities. The unit has covered a wide range of content including the study of epidemiological data and health promotion. There has been a focus throughout the unit on the health of young people. |
| **Nature of the task**Using Australian data, select a health-related issue for young people in Australia. Write a report on the effectiveness of health promotion for this issue and propose future directions for health promotion. Your report will need to contain the below 3 sections. Section 1: A description of the health-related issue (200–400 words)* Epidemiological data and trends and patterns related to the health issue
* Graphs and tables to provide evidence of trends

Section 2: An evaluation of current health promotion campaigns and examples of advocacy for this health-related issue (700–1000 words)* Analysis of health promotion approaches and advocacy examples addressing the chosen health issue
* Judgements about the effectiveness of campaigns in addressing the chosen health issue
* Examples, images, tables and graphs throughout the evaluation to support the response

Section 3: A proposal for future directions for health promotion around the issue (300–400 words)* Reference to evaluation to identify future directions
* Alignment with previously identified evidence
* Proposal of general concepts, not necessarily fully designed campaigns

Headings and subheadings may be used to structure the report.The report should be 1200–1800 words.  |
| **Marking criteria**You will be assessed on how well you: * interpret patterns of health experiences related to a specific health-related issue
* analyse methods and resources to improve and advocate for the health of young people
* evaluate current solutions for health promotion strategies for a specific health-related issue
* propose future directions for health promotion for a specific health-related issue
* analyse a range of sources to draw conclusions about the health promotion campaigns related to a specific health-related issue.
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| **Feedback provided**The teacher will provide written feedback outlining strengths and areas for improvement to build knowledge, understanding and skills for future learning. |

#### Marking guidelines

| **A student:** | **Mark range or grade** |
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| * provides a detailed description of a current health-related issue for young Australians, clearly identifying trends and patterns
* demonstrates a comprehensive understanding of health promotion campaigns/advocacy related to the chosen health-related issue
* makes well-informed judgements on the effectiveness of current health promotion campaigns/advocacy
* proposes clear and appropriate future directions for health promotion for the chosen health-related issue
* makes clear reference to a range of relevant sources and examples to support the response
* presents a sustained, logical and cohesive response using appropriate health and movement concepts
 | **17–20** |
| * provides a description of a current health-related issue for young Australians, identifying trends and patterns
* demonstrates a thorough understanding of health promotion campaigns/advocacy related to the chosen health-related issue
* makes judgements on the effectiveness of current health promotion campaigns/advocacy
* proposes appropriate future directions for the chosen health-related issue
* refers to relevant sources and examples to support the response
* presents a logical, structured response using appropriate health and movement concepts
 | **13–16** |
| * provides an outline of a current health-related issue for young Australians, identifying some trends and patterns
* demonstrates a sound understanding of health promotion campaigns/advocacy related to the chosen health-related issue
* attempts to make judgements about current health promotion campaigns/advocacy
* proposes future direction(s) for the chosen health-related issue
* makes some reference to sources and examples to support the response
* presents a structured response using appropriate health and movement concepts
 | **9–12** |
| * provides a basic outline of a current health-related issue for young Australians
* demonstrates a basic understanding of health promotion campaigns/advocacy
* outlines the current health promotion campaigns/advocacy and/or future directions related to the chosen health-related issue
* may refer to source(s) and/or example(s) to support the response
* uses some health and movement concepts
 | **5–8** |
| * demonstrates an elementary understanding of a health-related issue and/or of a health promotion campaign/advocacy
* may refer to a future direction
* may refer to a source or an example
 | **1–4** |