PDHPE 7–10 (2024): Syllabus video

Transcript

The PDHPE Syllabus for Years 7 to 10 prioritises the essential knowledge, understanding and skills of personal development, health and physical education. The outcomes and content build on the foundations developed in Kindergarten to Year 6, with students extending their self-management, interpersonal and movement skills.

The syllabus prepares students for a changing and dynamic world, equipping them to become active, responsible and engaged citizens who can contribute positively to the health and wellbeing of themselves and others.

The syllabus has been developed using evidence-based research.

Clear, concise language identifies the key concepts, knowledge and skills for all learners.

Through studying PDHPE, students explore a holistic approach to health and wellbeing, which supports them to make safe, active and healthy lifestyle choices.

Students develop a broad range of knowledge and skills to build and maintain respectful relationships. They learn to take positive action regarding consent and safety in a range of offline and online environments.

Students learn about Aboriginal and Torres Strait Islander Peoples’ ways of knowing, being and doing and how these strengthen connection, identity and a sense of personal belonging within Communities.

New South Wales classrooms are diverse.

Each student brings abilities, talents, backgrounds and experiences that should be valued and nurtured.

NESA’s Statement of Equity Principles makes sure that syllabuses are designed to be inclusive of every student in NSW, including Aboriginal students, students with disability, students learning English as an additional language or dialect, and gifted and talented students.

7–10 Life Skills outcomes and content provide a pathway for students with intellectual disability.

Life Skills content explicitly strengthens real-world connections to everyday contexts such as online safety, developing movement to enhance personal needs, interests, fitness, health and wellbeing, and managing growth and change.

The syllabus is provided on a purpose-built website with quick, easy navigation and access to outcomes and content.

Syllabus elements are easily viewed, downloaded and printed.

The curriculum provides teachers with more time to focus on teaching, so that students develop a deeper understanding of core concepts.

It supports students to develop strong foundations for learning, life and work in a complex and fast-changing world.

You can view the syllabus and information regarding implementation at [curriculum.nsw.edu.au](http://curriculum.nsw.edu.au/)

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